MENIU 03.11-09.11.2026

ZIUA	DIMINEATA		GUSTARE ORA 10	PRANZ	GUSTARE ORA 16	SEARA
MARTI 03.11.2026	C	PAINE-250G PATE-70G,TELEMEA-70G,CEAI-200ML	MERE COAPTE-200G	CIORBA RADAUTEANA-400ML ARDEI UMPLUTI CU CARNE-250G	CORN-1B	OREZ CU LAPTE-250G,MUSCHI FILE-70G,CEAI N.200ML
	D	PAINE-250G UNT-20G,GEM-45G,TELEMEA-70G,CEAI-200ML	MERE COAPTE-200G	CIORBA RADAUTEANA-400ML ARDEI UMPLUTI CU CARNE-250G	CORN-1B	OREZ CU LAPTE-250G, CEAI N.-200ML
	DZ	PAINE-150G PATE-70G,TELEMEA-70G,CEAI N.-200ML	MERE COAPTE-200G	CIORBA RADAUTEANA-400ML ARDEI UMPLUTI CU CARNE-250G	MUSCHI FILE-70G	OREZ CU LAPTE N.-150G ,CEAI N.-200ML
	H	PAINE-250G UNT-20G,GEM-45G,TELEMEA-70G,CEAI-200ML	MERE COAPTE-200G	CIORBA RADAUTEANA-400ML ARDEI UMPLUTI CU CARNE-250G	CORN-1B	OREZ CU LAPTE-250G, CEAI N.-200ML
MIERCURI 04.11.2026	C	PAINE-250G MARGARINA-25G,GEM-45G-70G,SALAM-70G,CEAI-200ML		CIORBA DE LEGUME-400ML TOCANITA DE CARTOFI-300G	EUGENIA-1B	PASTE CU BRANZA-25G,SUNCA TOAST-70G,CEAI -200ML
	D	PAINE-250G UNT-20G,GEM-45G,BRANZA DE VACI-70G,CEAI-200ML		CIORBA DE LEGUME-400ML TOCANITA DE CARTOFI-300G	EUGENIA-1B	PASTE CU BRANZA-250G ,CEAI -200ML
	DZ	PAINE-150G UNT-20G,SALAM-70G,CEAI N.-200ML	PORTOCALA-200G	CIORBA DE LEGUME-400ML TOCANITA DE CARTOFI-200G	IAURT-1B	TELEMEA-100G ,SUNCA TOAST-70G,CEAI N.-200ML
	H	PAINE-250G UNT-20G,GEM-45G,BRANZA DE VACI-70G,CEAI-200ML	MAR-200G	CIORBA DE LEGUME-400ML TOCANITA DE CARTOFI-300G	EUGENIA-1B	PASTE CU BRANZA-250G ,CEAI -200ML

JOI 05.11.2026	C	PAINE-250G UNT-20G,GEM-45G,MUSCHI FILE-70G,CEAI-200ML	BANANE-200G	CIORBA DE PERISOARE-400ML PIURE CU TOCHITURA-350G GOGOSARI LA OTET-80G	CORN-1B	CREMWURSTI-120G,OU FIERT-1B,IAURT-1B
	D	PAINE-250G UNT-20G,GEM-45G,BRANZA DE VACI-70G,CEAI-200ML	BANANE-200G	CIORBA DE PERISOARE-400ML PIURE CU TOCHITURA-350G	CORN-1B	TELEMEA-100G,OU FIERT-1B,IAURT-1B
	DZ	PAINE-150G UNT-20G,MUSCHI FILE-70G,CEAI-200ML	BISCUITI GULLON-1B	CIORBA DE PERISOARE-400ML PIURE CU TOCHITURA-350G	MAR-150G	CREMWURSTI-120G,OU FIERT-1B,IAURT-1B
	H	PAINE-250G UNT-20G,GEM-45G,BRANZA DE VACI-70G,CEAI-200ML	BANANE-200G	CIORBA DE PERISOARE-400ML PIURE CU FRIPTURA DE PUI-350G	CORN-1B	TELEMEA-100G,OU FIERT-1B,IAURT-1B
VINERI 06.11.2026	C	PAINE-250G PATE VEGETAL-70G,SALAM-70G,CEAI-200ML		SUPA CU TAITEI-400ML MANCARE DE FASOLE VERDE CU CARNE DE PUI-300G	EUGENIA-1B	SALATA ORIENTALA-300G,TELEMEA-70G,CEAI-200ML
	D	PAINE-250G UNT-20G,GEM-45G,BRANZA TARTINABILA-50G,CEAI-200ML		SUPA CU TAITEI-400ML MANCARE DE FASOLE VERDE CU CARNE DE PUI-300G	EUGENIA-1B	SALATA ORIENTALA-300G,TELEMEA-70G,CEAI-200ML
	DZ	PAINE-150G UNT-20G,BRANZA TARTINABILA-50G, CEAI N-200ML	MAR-150G	SUPA CU TAITEI-400ML MANCARE DE FASOLE VERDE CU CARNE DE PUI-300G	TELEMEA-70G	SALATA ORIENTALA-200G ,CEAI-200ML
	H	PAINE-250G UNT-20G,GEM-45G,BRANZA TARTINABILA-50G,CEAI-200ML	MAR-200G	SUPA CU TAITEI-400ML MANCARE DE FASOLE VERDE CU CARNE DE PUI-300G	EUGENIA-1B	SALATA ORIENTALA-300G,TELEMEA-70G,CEAI-200ML

SAMBATA 07.11.2026	C	PAINE-250G SUNCA TOAST-70G,FULGI DE PORUMB-60G, LAPTE BATUT-300ML	BANANE-200G	CIORBA RADAUTEANA-400ML PILAF CU LEGUME SI CARNE DE PUI 300G SALATA DE VARZA-100G	PRAJITURA-1B	CREMWURSTI-100G,OU FIERT-1B,BRANZA TOPITA-2B,CEAI-200ML
	D	PAINE-250G FULGI DE PORUMB-60G,BRANZA TARTINABILA-50G, LAPTE BATUT-300ML	BANANE-200G	CIORBA RADAUTEANA-400ML PILAF CU LEGUME SI CARNE DE PUI 300G SALATA DE VARZA-100G	PRAJITURA-1B	OU FIERT-1B, TELEMEA-100,COMPOT-300ML
	DZ	PAINE-150G FULGI DE PORUMB-30G,BRANZA TARTINABILA-50G, LAPTE BATUT-300ML	MAR-150G	CIORBA RADAUTEANA-400ML PILAF CU LEGUME SI CARNE DE PUI 200G	BRANZA TOPITA-2B	CREMWURSTI-100G,OU FIERT-1B,CEAI-200ML
	H	PAINE-250G FULGI DE PORUMB-60G,BRANZA TARTINABILA-50G, LAPTE BATUT-300ML	BANANE-200G	CIORBA RADAUTEANA-400ML PILAF CU LEGUME SI CARNE DE PUI 300G SALATA DE VARZA-100G	PRAJITURA-1B	OU FIERT-1B, TELEMEA-100,COMPOT-300ML
DUMINICA 08.11.2026	C	PAINE-250G UNT-25G,GEM-45G, SALAM-70G ,CEAI-200ML	BANANE-200G	CIORBA DE VITA-400ML CARTOFI NATUR CU CASCAVAL PANE -300G	CORN-1B	MUSCHI FILE-100G,TELEMEA-70G,PATE-50G,IAURT-1B
	D	PAINE-250G UNT-25G,GEM-45G, BRANZA DE VACI-70G ,CEAI-200ML	BANANE-200G	CIORBA DE VITA-400ML CARTOFI NATUR CU FRIPTURA DE PUI LA CUPTOR -300G	CORN-1B	TELEMEA-70G,OU FIERT-1B,IAURT-1B
	DZ	PAINE-150G UNT-25G, BRANZA DE VACI-70G ,CEAI N.-200ML	BISCUITI GULLON-1B	CIORBA DE VITA-400ML CARTOFI NATUR CU CASCAVAL PANE -200G	MAR-150G	MUSCHI FILE-100G,TELEMEA-70G,IAURT-1B
	H	PAINE-250G UNT-25G,GEM-45G, BRANZA DE VACI-70G ,CEAI-200ML	BANANE-200G	CIORBA DE VITA-400ML CARTOFI NATUR CU FRIPTURA DE PUI LA CUPTOR -300G	CORN-1B	TELEMEA-70G,OU FIERT-1B, IAURT-1B

LUNI 09.11.2026	C	PAINE-250G CREMWURSTI DE PUI-60G,BRANZA TOPITA-60G,CEAI-200ML		CIORBA DE PORC-400ML MAMALIGA CU BRANZA SI SMANTANA-300G OMLETA-100G	BISCUITI-50G	PILAF CU LEGUME SI CARNE DE PUI-250G , CEAI-200ML
	D	PAINE-250G UNT-20G,GEM-45G,BRANZA TARTINABILA-50G,CEAI-200ML		CIORBA DE PORC-400ML MAMALIGA CU BRANZA SI SMANTANA-300G OMLETA-100G	BISCUITI-50G	PILAF CU LEGUME SI CARNE DE PUI-250G , CEAI-200ML
	DZ	PAINE-150G CREMWURSTI DE PUI-60G,BRANZA TOPITA-60G,CEAI N.-200ML	BISCUITI GULLON-1B	CIORBA DE PORC-400ML MAMALIGA CU BRANZA SI SMANTANA-300G OMLETA-100G	MAR-150G	PILAF CU LEGUME SI CARNE DE PUI-150G,CEAI N.-200ML
	H	PAINE-250G UNT-20G,GEM-45G,BRANZA TARTINABILA-50G,CEAI-200ML	MAR-200G	CIORBA DE PUI-400ML MAMALIGA CU BRANZA SI SMANTANA-300G OU OCHI ROMANESC	BISCUITI-50G	PILAF CU LEGUME SI CARNE DE PUI-250G , CEAI-200ML

NOTA:ACEST MENIU POATE SUFERI MODIFICARI.

LEGENDA:C-COMUN,D-DESODAT,DZ-DIABET ZAHARAT,H-HEPATIC

INTOCMIT,AS. Ciungalan Elena



APROBAT, DIR. MEDICAL DR.Zaharia Florin

